

# Living Out Loud

every night...every home

23 September, 2018

living sharing growing

REMEMBER this week

When the storms of life  
are scary,  
And my problems seem  
to double,  
I look to Jesus  
and trust in Him,  
He helps me  
with my trouble!

table GRACE

Heavenly Father,  
Giver of all good,  
Accept our praise and  
bless our food.  
Grace, health, and strength to us  
afford. Through Jesus Christ,  
our blessed Lord .Amen.

VERSE of the week

**Jesus said  
"Take courage!  
It is I. Don't be  
afraid."**

Matthew 14:27

THOUGHT for the week

"Christians believe  
that Jesus Christ is the  
son of God because  
He said so."

– C.S. Lewis



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1 lets SHARE

1. Share your highs and lows.
2. Who do you trust the most?
3. Share a story when you were rescued from a sticky situation. Who rescued you?
4. How does knowing someone more help you trust them more?
5. Do you like to play it safe or do you like to step out onto the water? Why?
6. Where do you look for help when you're going through a hard time?
7. How can trusting Jesus cause you to "walk" over the storms in your life?

2 lets READ

Sunday	Matthew 14:27
Monday	John 14:6-7
Tuesday	Luke 18:27
Wednesday	Psalms 46:1-3
Thursday	Isaiah 26:3-4
Friday	Eph 3:16-19
Saturday	Philippians 4:13

3 lets TALK

- A – What is this text ABOUT?
- B – What is the BEST thing about this text?
- C – What is the most CONFUSING or CHALLENGING part of this text?
- D – What does God want you to DO?

5 lets BLESS

Bless each other with the sign of the cross as you say the following:

**Name**, be full of courage for  
Jesus is with you. Amen.

4 lets PRAY

**PRAISE GOD** that he has  
power and authority of all  
things even the waves.

**THANK JESUS** for always  
turning up at the right time  
to rescue and save us.

**ASK THE HOLY SPIRIT**  
to help you trust the Lord  
no matter what stormy  
waters come your way.