

# Living Out Loud

every night...every home

22 July, 2018

REMEMBER this week

God cares for you! He always has and always will.

When weary and burdened by life, Jesus offers himself as the place where you can find protection, security and refuge.

Only in him will you find eternal rest that gives a courage to live.

table GRACE

Thank you for the world so sweet,  
Thank you for the food we eat,  
Thank you for the birds that sing.  
Thank you God for everything.  
Amen.

VERSE of the week

**The eternal God  
is your refuge,  
and  
underneath are  
the everlasting  
arms.**

Deuteronomy 33:27a

THOUGHT for the week

▶ **"God, you have made us  
for yourself, and our hearts  
are restless till they find  
their rest in you."**

- Augustine



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1 lets SHARE

1. Share your highs and lows.
2. Where is your safe place you like to run to when you're in trouble?
3. How do you feel about life when you've done something wrong? What about when you are at peace?
4. What's your first thought or reaction when someone does something wrong to you?
5. When you sin, do you run away from God or run to him? Why?
6. God loves you more than your sin. We know this because of Jesus. How can you find rest in his forgiveness?

2 lets READ

Sunday	Deut. 33:27a
Monday	Psalms 91:1-4
Tuesday	Matthew 11:28
Wednesday	Psalms 62:5-8
Thursday	Isaiah 40:28-29
Friday	Acts 4:12
Saturday	Psalms 116:5-7

3 lets TALK

- A - What is this text ABOUT?
- B - What is the BEST thing about this text?
- C - What is the most CONFUSING or CHALLENGING part of this text?
- D - What does God want you to DO?

5 lets BLESS

Bless each other with the sign of the cross as you say the following:

*Name, you are eternally  
secure in Christ. Amen.*

4 lets PRAY

**PRAISE GOD** for giving us Jesus to be our sanctuary for peace and forgiveness.

**THANK JESUS** for dying for our sin so we can find peace in his name.

**ASK THE HOLY SPIRIT** to help you be a signpost that points others to the refuge in Jesus.