

# Living Out Loud

every night...every home

8<sup>th</sup> September 2019

living sharing growing

REMEMBER this week

Satan constantly inserts question marks where God has put a full stop. When doubts arise and questions abound, remember who you are – a beloved child of God. For that final word is the grip of grace that holds you securely and will never let you go.

table GRACE

God our Father,  
Lord and Saviour,  
thank you for your love and favour.  
Bless this food and drink we pray,  
and all who share with us today.  
Amen

VERSE of the week

**"Our Father...  
Lead us not  
into  
temptation..."**

Matthew 6:13

THOUGHT for the week

"The devil takes no holiday; he never rests. If beaten, he rises again. If he cannot enter in front, he steals in at the rear. If he cannot enter in the rear, he breaks through the roof or enters by tunneling under the threshold"

– Martin Luther

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## 1 lets SHARE

1. Share your highs and lows?
2. How do you know if something is right or wrong? How could you find out?
3. What does it feel like to be tempted to do something wrong?
4. In the Lord's prayer Jesus tells us to ask God to help us avoid temptation. In what ways do you think God helps us when we are tempted?
5. What could you do yourself to help avoid temptations?
6. Share a time you resisted temptation? What helped you overcome it?
7. What are some ways you can help each other resist temptation?

## 2 lets READ

Sunday	Matthew 6:13
Monday	Hebrews 4:15
Tuesday	1 Corinthians 10:13
Wednesday	James 1:13-14
Thursday	Galatians 6:1
Friday	Luke 22:46
Saturday	Matthew 18:7

## 3 lets TALK

- A** – What is this text **ABOUT**?
- B** – What is the **BEST** thing about this text?
- C** – What is the most **CONFUSING** or **CHALLENGING** part of this text?
- D** – What does God want you to **DO**?

## 5 lets BLESS

Bless each other with the sign of the cross as you say the following:

*Name*, the Lord will guide you  
always. Amen.

## 4 lets PRAY

**PRAISE GOD** for his love  
and guidance.

**THANK JESUS** for  
defeating the power of sin  
for us. and showing us the  
way to the Father.

**ASK THE HOLY SPIRIT**  
to help you practice  
discipline and resist  
temptation, listening to  
God's voice daily.