



FAMILY
LifeGroup

Sunday 31st May 2020

MOVE TOGETHER:
In the Spirit



CHALLENGE

Last session we asked you to try and remember a Bible verse. See who can remember it.

And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. 1 Peter 5:10



EXPLORATION

Moving together in boldness? Let's explore what this means...

Click [here](#) to watch!



VERSE

John 7:37-39

³⁷ On the last and greatest day of the festival, Jesus stood and said in a loud voice, "Let anyone who is thirsty come to me and drink. ³⁸ Whoever believes in me, as Scripture has said, rivers of living water will flow from within them." ³⁹ By this he meant the Spirit, whom those who believed in him were later to receive. Up to that time the Spirit had not been given, since Jesus had not yet been glorified.



MAIN THOUGHT

Jesus gave us the Holy Spirit to help us live our 'Jesus Follower' life. He called the Holy Spirit the Living Water. When we have the Living Water we will bear the Fruit of the Spirit.



DISCUSSION

These are to guide the general conversation.

1. What's your favourite fruit? Why?
2. How does fruit grow?
3. How would you describe who the Holy Spirit is to a friend?
4. Have you ever felt the Holy Spirit at work in your life? What happened?



ACTIVITIES

CRAFT ACTIVITY

FRUIT OF THE SPIRIT COLOURING

You will Need:

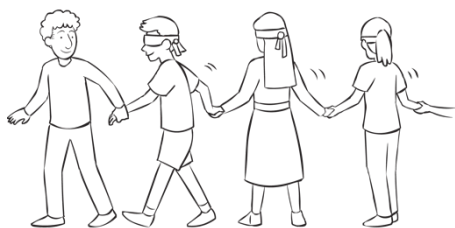
- Fruit of the Spirit print out.
- Texta, pencils or crayons



This is a great activity to help you remember the Fruits of the Spirit. Once you have coloured it in stick it up somewhere you will see it often!

ACTIVE ACTIVITY

BLINDFOLD FRUIT MAZE



You will Need:

- String
- Fruit, whole piece, cut up pieces, dried and tins
- Blindfolds

Using the string, create a path around your home, or outside, that someone will be able to hold onto and follow when blindfolded. Along the string, place your fruit. The blindfolded person follows the string. When they come to some fruit they must guess what it is.



PRAYER

Jesus, thank you that you gave us your Holy Spirit to help us in our daily 'Jesus Follower' walk. Thank you that you have given us your Living Water to sustain us. Help us to grow and bear the fruits of your spirit in our daily lives.



BLESSING

[Name], the Holy Spirit lives in you. Amen



CHALLENGE

Try and remember this verse this week. Perhaps you and your family might like to make up some actions to help, or even a song? It's a big one this week!!

Jesus stood and said in a loud voice, "Let anyone who is thirsty come to me and drink. ³⁸ Whoever believes in me, as Scripture has said, rivers of living water will flow from within them." John 7:37b-38

COMMUNITY CONNECTION

We would love to see how you and your family are growing faith in your home.

Why not set up a mini 'Table' for the kids like we have been using at LifeWay? It can be as simple as paper and pencils, scissors and glue and Lego or Play dough. They can then make something while you watch the Live Stream as a family.

If you are happy to share photos or videos of what you have been doing please send them to Elise von Stanke elise.vonstanke@lifeway.net.au and we will share these with our community through Facebook and Instagram @lifewaylutheranchurch.

The fruits of the the spirit are

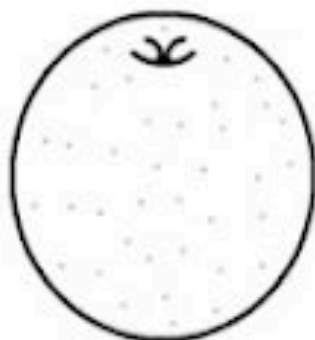
Love



Strawberry

Can be heart shaped

Joy



Orange

Can be cut to make
smiley – joyful mouths

Peace



Pineapple

Must be cut into
"peaces" to eat

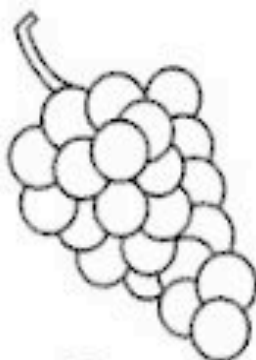
Patience



Kiwi

You need patience to
get all the bit out of
your teeth

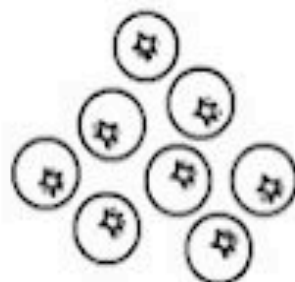
Kindness



Grapes

Kindly given to sick
people

Goodness



Blueberries

"super food" with so
much goodness in

Faithfulness



Bananas

In bunches that stick
together (faithful to
each other)

Gentleness



Peach

You have to handle
these gently so you
don't damage them

Self Control



Apple

Eve didn't show self
control when she ate
the apple

Galatians 5:22