

# Living Out Loud

every night...every home

9 February 2020

## REMEMBER this week

Whatever excess baggage you are carrying around, Jesus invites you to check it through to its final destination. He has already paid for it so you are free to use both hands to receive the love, the life and the blessings he has for you. For Jesus knows that you will love fullest, travel fastest and live lightest when you drop off all your baggage to him.

*living sharing growing*

## table GRACE

God our Father,  
Lord and Saviour,  
thank you for your love and favour.  
Bless this food and drink we pray,  
and all who share with us today.  
Amen.

## VERSE of the week

**"Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit.**

- Acts 2:38

## THOUGHT for the week

God will never leave you empty, he will replace everything you lost. If he asks you to put something down, it's because he wants you to pick up something greater.

- ANON

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## 1 lets SHARE

1. Share your highs and lows.
2. What is one thing you always take on holidays?
3. Do you collect anything? Why do you collect it?
4. How do you decide what to take on holidays and what to leave behind?
5. What things in your life might you want to leave with Jesus?
6. How does Jesus deal with our baggage in baptism?
7. Sometimes we hold onto the painful things people do to us. Who might you need to forgive this week?

## 2 lets READ

Sunday	Acts 2:38
Monday	Luke 10:3-4
Tuesday	2 Cor 10:3-5
Wednesday	Psalms 109:30-31
Thursday	Matthew 11:28-30
Friday	Galatians 5:1
Saturday	Philippians 1:27

## 3 lets TALK

- A – What is this text ABOUT?
- B – What is the BEST thing about this text?
- C – What is the most CONFUSING or CHALLENGING part of this text?
- D – What does God want you to DO?

## 5 lets BLESS

Bless each other with the sign of the cross as you say the following:

**Name**, you are free in Jesus.  
travel lightly with him. Amen.

## 4 lets PRAY

**PRAISE GOD** for inviting you on his adventure.

**THANK JESUS** for giving you a new identity as part of his family

**ASK THE HOLY SPIRIT** to help you hold onto Jesus with both hands and leave your baggage behind.