

23<sup>rd</sup> August 2020



## table **GRACE**

(Sung to superman theme)

Thank you Lord  
for giving us food!

Thank you Lord  
for giving us food!

For the food we eat  
and the friends we  
meet, Thank you  
Lord for giving us  
food!

Amen! Amen! Amen!



## **THOUGHT**

for the week

“Even though I  
walk through the  
valley of the  
shadow of death, I  
will fear no evil,  
for you are with  
me; your rod and  
your staff, they  
comfort me.”

- Psalm 23:4



## **VERSE** for the week

The faithful love of the Lord never  
ends! His mercies never cease.

Great is his faithfulness;  
his mercies begin afresh each  
morning.

I say to myself, “The Lord is my  
inheritance;  
therefore, I will hope in him!

**Lamentations 3:22-24**



## **REMEMBER** this week

God’s grace is sufficient for you  
today and it will be sufficient for  
you tomorrow.



## 1 let's **SHARE**

1. Share your highs and lows.
2. Have you ever lost or broken something precious to you? How did you feel?
3. In what ways has Covid-19 changed your life this year?
4. Sometimes changes are fun and exciting, other times they can be challenging or scary. Do you find change easy or hard? Why?
5. God's love changes everything. What are some of the things God's love has changed in your life?
6. When things around you are changing and you feel uncomfortable, what are some things that bring you comfort? How do you experience Jesus' strength in your life?

## 2 let's **READ**



Sunday – **Lamentations 3:22-23**  
Monday – **Ecclesiastes 3:1**  
Tuesday – **John 11:32-35**  
Wednesday – **Mark 1:15**  
Thursday – **Matthew 11:28**  
Friday – **Jeremiah 31:23-25**  
Saturday – **Mark 4:37-38**



## 3 let's **TALK**

- A** – What is this text **ABOUT**?
- B** – What is the **BEST** thing about this text?
- C** – What is the most **CONFUSING** or **CHALLENGING** part of this text?
- D** – What does God want you to **DO**?



## 4 let's **PRAY**

### **PRAISE GOD**

because he is good and his love endures forever.

### **THANK JESUS**

for his new mercies that you receive each day.

### **ASK THE HOLY SPIRIT**

for strength to thrive in these changing times.



## 5 let's **BLESS**

Bless each other with the sign of the cross as you say the following:

**[Name], God's grace is sufficient for you today and tomorrow. Amen**