

28<sup>th</sup> January 2024



table **GRACE**

We close our eyes  
and say a prayer;  
Thank you God  
for the food  
we share.  
Amen.



**THOUGHT**

for the week

**Christian community  
is the place where  
we keep the flame of  
hope alive among us  
and take it seriously  
so that it can grow  
and become  
stronger in us.**

- Henri Nouwen

**LIVING  
OUT  
LOUD**

every  
day  
...  
every  
home



**VERSE** for the week

**Let your light shine before  
others, that they may see your  
good deeds and glorify your  
Father in heaven.**

Matthew 5:16



**REMEMBER** this week

**You are to be God's  
lightshow spectacular in the  
world.**



## 1 let's **SHARE**

1. Share your highs and lows.
2. What is our favourite colour and why?
3. What do you think is God's favourite colour?
4. When light shines, the darkness disappears. How can your life in Jesus make the darkness disappear?
5. Jesus also uses the imagery of salt. What's your favourite flavour of chips?
6. How does your life add flavour to the world?
7. What are some ways that we can let our light shine in the world and what are some ways that we hide that light?

## 2 let's **READ**

Sunday – **Matthew 5:14-16**

Monday – **1 Peter 2:9**

Tuesday – **Hebrews 1:3**

Wednesday – **1 John 1:5-7**

Thursday – **John 3:19-20**

Friday – **Colossians 1:12**

Saturday – **Psalms 27:1**



## 3 let's **TALK**

- A** – What is this text **ABOUT**?
- B** – What is the **BEST** thing about this text?
  - C** – What is the most **CONFUSING** or **CHALLENGING** part of this text?
  - D** – What does God want you to **DO**?



## 4 let's **PRAY**

### **PRAISE GOD**

for making you a child of light.

### **THANK JESUS**

for his work in your life that enables you to reveal the beauty of his life to the world and make a difference.

### **ASK THE HOLY SPIRIT**

to help you shine daily.



## 5 let's **BLESS**

Bless each other with the sign of the cross as you say the following:

**Name, you are the light of Christ. Amen.**