

9th May 2021



table **GRACE**

Risen Lord Jesus,
Rise in our hearts
again today
Be in all we do and
say.

Bless the food we're
about to eat,
Help us to bless all
those we meet.
Amen.



THOUGHT

for the week

“The Messiah is
the one in
whose
presence you
know who you
really are”

Barbara Brown Taylor

**LIVING
OUT
LOUD**

every
day
...
every
home



VERSE for the week

Jesus answered her, “If you knew
the gift of God and who it is that
asks you for a drink, you would
have asked him and he would have
given you living water.

John 4:10



REMEMBER this week

Jesus knows everything about you
and still loves you. He come to free
you from the patterns and habits that
keep you living as anxious people
and create a new cycle that is life
giving, life renewing and life
sustaining.

LIVING OUT LOUD

every
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...
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1 let's **SHARE**

1. Share your highs and lows.
2. What is one unique or distinctive thing that makes you, you?
3. How do you think your friends would describe you to someone else?
4. What is most important to you, to be well known or to be well liked?
5. How do you think Jesus would describe you to someone else?
6. Jesus did not get caught up in worrying about where people came from or what they had done, he just loved them and cared for them. How does Jesus love and care for you still today?

2 let's **READ**



Sunday – **John 4:10**
Monday – **Philippians 4:6-7**
Tuesday – **Luke 12:22-26**
Wednesday – **Proverbs 12:25**
Thursday – **Psalms 34:4**
Friday – **1 Peter 5:6-7**
Saturday – **Psalms 42:5**



3 let's **TALK**

- A** – What is this text **ABOUT**?
- B** – What is the **BEST** thing about this text?
- C** – What is the most **CONFUSING** or **CHALLENGING** part of this text?
- D** – What does God want you to **DO**?



4 let's **PRAY**

PRAISE GOD

for clothing each of us in the righteousness of Jesus.

THANK JESUS

for his love and sacrifice for all people.

ASK THE HOLY SPIRIT

to help you know more deeply, your identity in Christ.



5 let's **BLESS**

Bless each other with the sign of the cross as you say the following:

**Name, Jesus loves you
and seeks after you.
Amen.**