

15th May 2022



table **GRACE**

Good Shepherd,
with you we lack
no good thing.
You provide food
for our bodies,
rest for our souls and
joy in your presence.

Thank you for
all these good gifts.
Amen.



THOUGHT for the week

"You don't really
know Jesus is all
you need
until Jesus
is all you have. "

-Timothy Keller

**LIVING
OUT
LOUD**

every
day
...
every
home



VERSE for the week

**"These are they who have
come out of the great
tribulation; they have
washed their robes and
made them white in the
blood of the Lamb.**

Revelation 7:14



REMEMBER this week

**In times of great suffering,
there is great salvation!**



1 let's **SHARE**

1. Share your highs and lows.
2. If you could choose anyone in the world to be your Superhero, who would you choose and why?
3. What's the worst pain that you have experienced in life so far and who do you go to when things in life hurt you?
4. How does Jesus help us when we suffer in this world?
5. Talk about how seals were used in older times and how they are used today. What hope does it mean that you are sealed in Christ forever?
6. Think of someone that you know who is hurting in life right now. What can you do to show them Jesus cares for them?

2 let's **READ**



Sunday – **Revelation 7:16**
Monday – **Isaiah 53:4**
Tuesday – **Acts 1:3**
Wednesday – **Hebrews 2:9**
Thursday – **Colossians 1:24**
Friday – **Romans 8:17**
Saturday – **2 Thessalonians 1:5**



3 let's **TALK**

- A** – What is this text **ABOUT**?
B – What is the **BEST** thing about this text?
C – What is the most **CONFUSING** or **CHALLENGING** part of this text?
D – What does God want you to **DO**?



4 let's **PRAY**

PRAISE GOD

for sealing us in Jesus so we are forever safe.

THANK JESUS

for experiencing the greatest suffering on earth so we never have to suffer alone.

ASK THE HOLY SPIRIT

to use the hurts of our life as a witness to his love, grace and care of us.



5 let's **BLESS**

Bless each other with the sign of the cross as you say the following:

Name, you have been sealed in Christ and are safe forever. Amen