



FAMILY
LifeGroup

Sunday 18 October 2020

HIS STORY.....YOUR LIFE
His Protection



CHALLENGE

Last session we asked you to try and remember a Bible verse. See who can remember it.

**“For the Son of Man came to seek and to save the lost”
Luke 19:10**



EXPLORATION

This week we continue our new series, His Story....Your Life. This week's story is about Jesus and his disciples on a boat on the lake. The trip starts out fine, but quickly gets scary. The disciples are worried they might die!! But, Jesus uses the trip to teach them, and us, a valuable lesson.

Click [here](#) to find out what happened!



VERSE

Matthew 8: 23-27

Then he got into the boat and his disciples followed him. Suddenly a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. The disciples went and woke him, saying, “Lord, save us! We’re going to drown!”

He replied, “You of little faith, why are you so afraid?” Then he got up and rebuked the winds and the waves, and it was completely calm.

The men were amazed and asked, “What kind of man is this? Even the winds and the waves obey him!”



MAIN THOUGHT

Sometimes our lives can feel like one big storm! We can feel afraid and alone. The truth is we are never alone, Jesus is always with us and He is powerful! He can protect us from the storms of this life!



DISCUSSION

These are to guide the general conversation.

1. Have you ever been in a storm? How did you feel?
2. Do you know how thunder and lightning are made? Maybe you could research it!
3. Have you ever felt sacred? When and why.
4. How can Jesus help us in the storms of our lives?



ACTIVITIES

CRAFT ACTIVITY

A BOAT IN A STORM

Jesus and his disciples were in a boat being tossed about by a ferocious storm. All Jesus had to do was tell the storm to stop and it did!! Now that's power!!!

You Will Need:

- Empty Plastic Bottle (try and find one with a wide hole)
- Toothpicks or small twigs
- Glue or sticky tape
- Water
- Blue Food Colouring
- Vegetable Oil



Take your toothpicks or small twigs and stick them together to make a raft shape (see picture above). Half fill your bottle with water. Put in a few drops of blue food colouring. Now add the vegetable oil. You don't need to fill it to the top, leave a little space. Put your raft in the bottle and put the lid on tight. You might like to wrap some sticky tape around the lid to make it real secure. Now lie your bottle flat, see how the boat floats!! Now shake your bottle like a big storm, look what happens to the boat! Shout, "Stop storm!" Stop shaking the bottle and watch the water become still and the boat float happily on top of the water.

ACTIVE ACTIVITY



MAKING ON YOUR OWN IN THE STORM (this is a wet activity!)

Sometimes when we are in a storm of life we try and make it on our own. We try and be happy, or we try and just get on with it. But, the truth is, that's not how we are supposed to do it. God put us in His family to support each other through our storms. He also gave us Jesus who is so powerful He only needs to speak to stop a storm!!!

You Will Need:

- Buckets, hoses, water guns
- Water
- Special items that can get wet

Select some special items that can get wet. Set up a central base somewhere outside. Decide who is going to be the guard of the base and the special items. They get the buckets, hoses etc. Everyone else needs to try and 'steal' as many items as they can and take them back to their 'base'. The guards job is to stop them

by throwing water, shooting water and spraying water. Decide how long you will play and see who has the most items at the end.



PRAYER

Jesus, we are so grateful that you love us and understand our lives because you lived too!! Please be with us in our storms, just like you were with the disciples in theirs. Help us to turn to you and ask for help when our lives feel stormy. Also, help us to support and friends and family when they are going through storms. In your name we pray, Amen.



BLESSING

Name, the Lord watches over you. Amen



CHALLENGE

Try and remember this verse this week. Perhaps you and your family might like to make up some actions to help, or even a song? It's a big one this week!!

**Jesus replied, "You of little faith, why are you so afraid?" Then he got up and rebuked the winds and the waves, and it was completely calm.
Matthew 8:26**

COMMUNITY CONNECTION

We would love to see how you and your family are growing faith in your home.

Why not set up a mini 'Table' for the kids like we have been using at LifeWay? It can be as simple as paper and pencils, scissors and glue and Lego or Play dough. They can then make something while you watch the Live Stream as a family.

If you are happy to share photos or videos of what you have been doing please send them to Elise von Stanke elise.vonstanke@lifeway.net.au and we will share these with our community through Facebook and Instagram @lifewaylutheranchurch.