

12th July 2020



table **GRACE**

Thank you for the
world so sweet,
thank you for the
food we eat.
Thank you for the
birds that sing,
thank you God for
everything!
Amen.



THOUGHT for the week

The right way to pray
is to stretch out our
hands and ask of
One who we know
has the heart of a
Father.

- Dietrich Bonhoeffer



VERSE for the week

**“This, then, is how you should
pray: Our Father in heaven,
hallowed be your name, Your
kingdom come, your will be done,
on earth as it is in heaven.”**

Matthew 6:9b-10



REMEMBER this week

Prayer brings us into the presence of
a loving Father who aligns us with his
will and involves us in his life-shaping
purposes. There is nothing more
important, dangerous, or
strengthening than prayer; it is both
life forming and life transforming both
for ourselves and others.



1 let's **SHARE**



1. Share your highs and lows.
2. How often do you talk with your friends? What do you talk about?
3. How much time do you spend connecting with people on social media or via messaging services?
4. How often do you spend time in prayer connecting with God?
5. What is your favourite way to pray?
6. Prayer is like learning a language, the more we use it, the easier it becomes. What are some times you can set aside this week to pray?

2 let's **READ**



Sunday – **Matthew 6:9b-10**
Monday – **Colossians 1:9**
Tuesday – **James 5:16**
Wednesday – **Romans 8:26**
Thursday – **2 Chronicles 7:14**
Friday – **1 Thessalonians 5:16-18**
Saturday – **Ephesians 6:18**



3 let's **TALK**

- A** – What is this text **ABOUT**?
B – What is the **BEST** thing about this text?
C – What is the most **CONFUSING** or **CHALLENGING** part of this text?
D – What does God want you to **DO**?



4 let's **PRAY**

PRAISE GOD

for his Fatherly love and kindness towards us.

THANK JESUS

For teaching us to pray and interceding for us.

ASK THE HOLY SPIRIT

to help you know how to pray when you can't find the words.



5 let's **BLESS**

Bless each other with the sign of the cross as you say the following:

**[Name], may your life be immersed in prayer.
Amen**