Living Out Loud

every night...every home

30th June 2019

REMEMBER this week When the future is rough and the floods of doubt are sweeping you away; when the waters of fear and anxiety are rising and you believe going under is your best bet - Praise God. Praise God for his faithfulness in the past and his promise for the future. Praise God for in this moment the Father is powerful and mighty to save. Praise God for he will act.

VERSE of the week "The Sovereign Lord is my strength; he makes my feet like the feet of a deer, he enables me to tread on the heights."

Habakkuk 3:19

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table GRACE

God is great, God is good, And we thank God for our food; By your hand we all are fed; Give us, Lord, our daily bread. Amen.

THOUGHT for the week

 Praise draws our attention away from our problems, no matter how overwhelming they are, and lifts our gaze to God."

- Anonymous



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1 lets SHARE

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- 1. Share your highs and lows?
- 2. What is the most powerful thing you have ever witnessed in this world
- 3. How did you feel in the presence of that powerful thing?
- 4. What are the things in your life that you feel powerless to do anything about or change? Why?
- 5. What is your favourite song of praise and why?
- 5. What happens to your spirit when you praise God?
- 6. How has the Lord been your strength in the last week? Month? Year?

3 lets TALK

- A What is this text ABOUT?
- $\boldsymbol{B}-\boldsymbol{W}hat$ is the BEST thing about this text?
- C What is the most CONFUSING or CHALLENGING part of this text?
- D What does God want you to DO?

5 lets BLESS

Bless eachother with the sign of the cross as you say the following:

Name, the Lord is your strength always. Amen.

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Sunday	Habakkuk 3:19
Monday	Isaiah 40:31
TuesdayPhilippians 4:11-13	
Wednesday	Psalm 103:1
Thursday	Isaiah 30:18
Friday Ephesians 3:16-21	
Saturday	Psalm 27:14

(lets PRAY

PRAISE GOD for always showing up with power to save his people.

THANK JESUS for coming down to lift us up from the despair of life's troubles. ASK THE HOLY SPIRIT

to continually put a new song of praise and trust in God in your heart.