

Living Out Loud

every night...every home

24 February 2019

living sharing growing

REMEMBER this week

The way of growth is a call to each of us as individuals but also as a community. The body of Christ grows when its members are well nourished in the word and bound together in Christ; it leads to a life that overflows with thankfulness and grace.

VERSE of the week

So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.

Colossians 2:6-7

table GRACE

We give you thanks O Lord, for all things bright and good. The beauty of our world and the bounty of our food. Amen.

THOUGHT for the week

Christ wants all or nothing. The thought of a person calling themselves a 'Christian' without being a devoted follower of Christ is absurd.

-Francis Chan

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1 lets SHARE

1. Share your highs and lows?
2. Who is the fittest in your family? How do you know?
3. What are some of the things you can do to help you grow up in a healthy way?
4. When it comes to being healthy spiritually, how can you tell who is fit or not?
5. What are some of the things you can do to build a healthy spiritual body?
6. How can you as a family help each other to grow in Jesus?
7. Part of growing healthy spiritually is growing a heart full of thankfulness. How can you tell that someone has a thankful heart? What are you thankful for today?

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2 lets READ

Sunday	Colossians 2:6-7
Monday	2 Peter 3:18
Tuesday	1 Corinthians 3:7-9
Wednesday	Luke 6:43
Thursday	1 Peter 2:2-3
Friday	Luke 11:34
Saturday	John 15:15

3 lets TALK

- A** – What is this text **ABOUT**?
- B** – What is the **BEST** thing about this text?
- C** – What is the most **CONFUSING** or **CHALLENGING** part of this text?
- D** – What does God want you to **DO**?

5 lets BLESS

Bless each other with the sign of the cross as you say the following:

Name, may the life of Christ grow in you and show through you. Amen.

4 lets PRAY

PRAISE GOD for his Word that guides us in his way

THANK JESUS for fulfilling God's law so we can live filled with grace.

ASK THE HOLY SPIRIT to help you delight in God's presence and transform you more into the likeness of Jesus.