



FAMILY  
LifeGroup



## CHALLENGE

Last session we asked you to try and remember a Bible verse. See who can remember it.

**“Praise be to the Lord, who this day has not left you without a guardian-redeemer.”  
Ruth 4:14a**



## EXPLORATION

This week we are starting our new series, Faith Formed. Today we are focusing on prayer.

Click [here](#) to watch a video about how prayer has helped grow Pastor Mat's faith



## VERSE

### Matthew 6:5-15

“And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him.

“This, then, is how you should pray:

“Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as it is in heaven.  
Give us today our daily bread.  
And forgive us our debts,  
as we also have forgiven our debtors.  
And lead us not into temptation,<sup>[a]</sup>  
but deliver us from the evil one.<sup>[b]</sup>”

For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins



## MAIN THOUGHT

**When we pray, we have a conversation with God that is 2-way. We share with God what matters to us and he does the same!!**



## DISCUSSION

*These are to guide the general conversation.*

1. Who is your best friend? What do you like to do together?
2. What are some ways people stay in touch with each other?
3. If you had to explain what prayer is to someone what would you say?
4. Has God ever spoken to you while you were praying? What was it like?



## ACTIVITIES

### CRAFT ACTIVITY

#### PRAYER JAR

*Sometimes we find it hard to think about what to prayer for. This prayer jar might help. It would be great to leave it on your kitchen table and pray together as a family each day.*

#### You will need:

- A clean jar, you might like to decorate it
- Paddle pop sticks or small pieces of paper
- Texta, pencils and crayons.



On each paddle pop stick (or piece of paper) write some things you can pray about. Some ideas are: a member of your family who is sick, a place in the world that has had trouble, thank God for 1 thing he has blessed you with today, praise God for something he has made that you love. Think of as many topics as you can and then put the sticks (or paper) in the jar. Each person can pull one out when you are having family prayer time, or you can use them by yourself when you are having special chat time with God.

### ACTIVE ACTIVITY



#### PRAYER CHARADES

*This is a different version of Charades, you will have your back to the people who are guessing, so make your gestures nice and big.*

Using the list provided as a starting point create charade clues on small pieces of paper and fold them up and put them in a container. Set a timer for 30 seconds. The first person takes the container and turns their back to the audience. They need to get the audience to guess as many clues as they can in 30 seconds. Each person should have a turn.

*God just wants us to be ourselves when we pray. He doesn't need special words or for us to pretend, He wants to be our friend which means we need to be ourselves. If you hide yourself, like you did in this game, you are not being real, and God wants us to be real with Him.*



## PRAYER

Say the Lord's Prayer together.



## BLESSING

[Name], may your life be immersed in prayer. Amen



## CHALLENGE

Try and remember this verse this week. Perhaps you and your family might like to make up some actions to help, or even a song? It's a big one this week!!

**“This, then, is how you should pray: “Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven.”**

**Matthew 6:9b-10**

## COMMUNITY CONNECTION

**We would love to see how you and your family are growing faith in your home.**

Why not set up a mini 'Table' for the kids like we have been using at LifeWay? It can be as simple as paper and pencils, scissors and glue and Lego or Play dough. They can then make something while you watch the Live Stream as a family.

If you are happy to share photos or videos of what you have been doing please send them to Elise von Stanke [elise.vonstanke@lifeway.net.au](mailto:elise.vonstanke@lifeway.net.au) and we will share these with our community through Facebook and Instagram @lifewaylutheranchurch.

Phil 4:19

But my God shall supply all your need according to his riches in glory by Christ Jesus.



Ruth 4:13-17 So Boaz took Ruth, and she was his wife: and...the LORD gave her conception, and she bare a son. And the women said unto Naomi, Blessed be the LORD, which hath not left thee this day without a kinsman...And he shall be unto thee a restorer of thy life, and a nourisher of thine old age: for thy daughter in law, which loveth thee, which is better to thee than seven sons, hath borne him. And Naomi took the child, and laid it in her bosom, and became nurse unto it. And the women her neighbours gave it a name, saying, There is a son born to Naomi; and they called his name Obed: he is the father of Jesse, the father of David.

# Family Tree

