

More than food.

WWW.HELPINRYDE.COM

Would you like to help people in need in Ryde?

Churches from Together for Ryde are working together to help the International Students at MACU.

What will we do?

Each week we are going to give out 150 bags of fresh fruit, vegetables, and bread plus some feminine products to students who are “doing it tough” right now.

Why are they in need?

Many international students were hit hard this year as they relied on casual work to pay for living expenses, and they are not eligible for government assistance. COVID took a toll on the casual job availability, and they fell in the gap. Food is really helpful to them right now.

Here's what you need to do to get involved.

We need volunteers on Thursdays to help sort food into bags, deliver it to the students, and show them that people care and they are not alone. To get involved just follow the simple 1,2,3 steps below!

1

BECOME A RED FROGS* VOLUNTEER & BUY YOUR SHIRT

<https://redfrogs.com.au/forms>

*Red Frogs are helping open the doors for us at the Uni and connect us to the students. Check out their story at <https://redfrogs.com.au/about/history>

2

DO A 1 HOUR ZOOM VOLUNTEER TRAINING

www.helpinryde.com/volunteer

As we want to wear the Red Frogs T-Shirts as that opens doors for us, we need to do their training.

3

SIGN UP TO VOLUNTEER AT TIMES THAT YOU CAN DO

www.helpinryde.com/volunteer

Volunteers are needed on Thursdays between 10-12, 12-2, & 6-8pm. We will just take sign ups for the first 6 weeks initially starting October 15th.

More than Food is an initiative of the Together for Ryde churches.

Our strategic partners are Red Frogs and Hands and Feet, who both share a vision to connect local churches to people they can help.

More than Food will help with the very real need for food, however we will also point to Jesus and build connections to local christians who can help through friendships, and our website www.helpinryde.com.

The website will include links to things like “Financial Help” (ie. Salvos Financial Counselling), “Help with Loneliness” (ie. Young Adults groups), and Help with Understanding God” (ie. alpha online & local churches).