

Living Out Loud

every night...every home

19th May 2019

living sharing growing

REMEMBER this week

Whatever scars you bear or ordeal you are going through know this: Christ sees you. He knows the grief that weighs heavy on your heart. He knows the depression or addiction that oppresses you. He knows the challenges you are facing and uphill struggles you are contemplating. Through it all, the Lamb bears the scars for you, continues to bless you and is present with you to lead you to life and victory forever.

VERSE of the week

He who sits on the throne will shelter them with his presence.

'Never again will they hunger; never again will they thirst. The sun will not beat down on them,' nor any scorching heat. For the Lamb at the centre of the throne will be their shepherd; he will lead them to springs of living water. And God will wipe away every tear from their eyes.'

Revelation 7:15b-17

table GRACE

Thank the brown cow
for the chocolate milk.

Thank the pig for the bacon on the grill.

Thank the egg for the chicken and the
chicken for the egg.

Thank the Lord for everything!

Amen

THOUGHT for the week

**"You don't really know
Jesus is all you need
until Jesus
is all you have. "**

- Tim Keller

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1 lets SHARE

1. Share your highs and lows?
2. What are some things you find difficult?
3. What is the worst pain/injury you have ever had?
4. How did you get through the pain/suffering? What or who helped?
5. Is it possible for some kinds of pain or suffering to be good things? Give an example.
6. How does your faith in Jesus help you in hard times?
7. In Revelation, John sees a vision of a time when there is no more suffering or pain for God's people. Think of someone who is having a hard time right now and discuss how you might be able to help them.

2 lets READ

Sunday	Revelation 7:15-17
Monday	Romans 8:17
Tuesday	Psalms 5:11
Wednesday	Galatians 1:4
Thursday	1 Samuel 7:8
Friday	Proverbs 20:22
Saturday	Matthew 27:40

3 lets TALK

- A – What is this text ABOUT?
- B – What is the BEST thing about this text?
- C – What is the most CONFUSING or CHALLENGING part of this text?
- D – What does God want you to DO?

5 lets BLESS

Bless each other with the sign of the cross as you say the following:

Name, live victoriously for the Lamb bears all your scars. Amen.

4 lets PRAY

PRAISE GOD for his steadfast love and faithfulness

THANK JESUS washing you clean with his blood
ASK THE HOLY SPIRIT to empower you to live a life of praise and thanks even in the midst of suffering.