

15<sup>th</sup> February 2026



**Jesus, you are the bread of life. As we gather around this meal, fill us with your sustaining presence, and empower us by the Holy Spirit to live fully in the new life you have given to those who put their trust in you.**

**AMEN**

### **THOUGHT** for the week

**“The church exists for nothing else but to draw people to Christ; to make them little Christs”**

*-C.S. Lewis*

**LIVING  
OUT  
LOUD**

every day  
...  
every home



### **VERSE** for the week

**“If you love those who love you, what reward do you get? Are not even the tax collectors doing that?”**

**-Matthew 5:46**



### **REMEMBER** this week

**Growing in Jesus' grace is not aimless – it's purposeful. The purpose is that we be empowered to draw people to Christ by doing what he calls us to do.**



## 1 let's **SHARE**

1. Share your highs and lows.
2. How does a plant grow? What kinds of things does it need to grow well?
3. How do you grow? What kinds of things do you need to 'grow well'?
4. We all grow from infants into adults over time. Physical growth happens almost automatically, but what are some other ways we grow?
5. What are some things that can influence the way we grow and the kinds of people that we grow into?
6. A mature plant grows fruit or seeds. What 'fruit' would you expect to see growing in the life of a follower of Jesus?
7. How can you make sure that Jesus remains the main influence over how you grow?

## 2 let's **READ**

Sunday – **Matthew 5:44**  
Monday – **Matthew 7:7-8**  
Tuesday – **2 Peter 3:18**  
Wednesday – **Galatians 5:22-23**  
Thursday – **James 1:22**  
Friday – **Romans 12:2**  
Saturday – **Philippians 1:9-10**



## 3 let's **TALK**

**A** – What is this text **ABOUT**?  
**B** – What is the **BEST** thing about this text?  
**C** – What is the most **CONFUSING** or **CHALLENGING** part of this text?  
**D** – What does God want you to **DO**?



## 4 let's **PRAY**

### **PRAISE GOD**

for the way he allows his love and grace to grow within us.

### **THANK JESUS**

for giving the community of the church so that we can grow together.

### **ASK THE HOLY SPIRIT**

to help you produce good and lasting fruit.



## 5 let's **BLESS**

Bless each other with the sign of the cross as you say the following:

**Name, May the words of Jesus take root in your heart and grow you in his grace. Amen.**